

## Introduction to Psychology

Course Code: PSY1011

### Course Description

This course introduces students to the fields of study in modern psychology. After this course, students will be able to answer the following questions: What is psychology? What are the methods of investigation in psychology? How is the science of psychology applied to individuals and groups? This course surveys a broad range of content including topics such as learning, cognition, memory, emotion, perception, personality, developmental psychology, stress & health, psychological disorders, and the biological underpinnings of behavior. Credits: 3

### Course Requirements

There are no prerequisites for this course.

### Required Text and Course Materials

- Textbook: Myers, D.G., & DeWall, C.N. (2019). *Exploring Psychology in Modules* (12th ed.). Worth Publishers.
- Three-ring binder with dividers that includes: *Syllabus, Key term lists, Class notes, Handouts, Assignments*

### Course Objectives and Goals

1. Examine major concepts and theories in the discipline of psychology.
2. Develop an awareness of how the scientific method is used to generate knowledge in the discipline.
3. Begin to understand how psychologists use different methods of data collection to study human behavior, thought and feeling.
4. Begin to think critically about theories in the discipline and to relate theory to experience.
5. Develop strategies for reading, summarizing, and analyzing psychological texts; and for learning and using key terms and concepts.
6. Practice critical thinking when listening to others when participating in class discussions and when completing unit work.
7. Conduct basic library research and utilize APA documentation style.
8. Demonstrate self-advocacy through monitoring own performance, communicating with the instructor, and using campus support services

### Technical Requirements and Skills

There are minimum technical recommendations for participating in online classes at Landmark College:

### *Technical Requirements*

A productivity suite such as Microsoft Office, Microsoft Office 365, Google Workspace (formerly G-Suite), or Open Office is recommended and may be required for some Landmark College Online courses. Students also need the ability to access Landmark College's online course content through a web browser running on a desktop or laptop computer with a webcam. An audio headset is recommended, but not required. All popular browsers are supported, but Landmark College recommends Chrome or Firefox.

Landmark College Online Dual Enrollment courses are optimally experienced through a full-featured web browser running on a desktop or laptop computer running Microsoft Windows or Apple Mac OS. Mobile phones and tablets may not be adequate or appropriate for completing certain aspects of your course work. However, when your laptop or desktop equipment is not available you can still access your courses through a mobile web browser such as Chrome or Safari. This allows you to keep up with your assignments, calendar, to-do list, and Inbox even when traveling. (The mobile app called "Canvas Student" is not compatible with our courses and should be avoided.)

If students access courses from school networks that use content filtering systems, which block access to public sites such as YouTube and Vimeo, students may have issues completing their assignments.

### *Skills for Success*

To succeed in an online class, you should have the ability to:

- Navigate the WWW, including downloading and reading files from web sites;
- Download and install software or plug-ins such as Adobe Reader or Flash;
- Use the Learning Management System (Canvas) and be able to upload videos, files, and other materials as necessary. More about Canvas can be found in the Canvas Overview course located on your dashboard;
- Save files in commonly used word processing formats (.doc, .docx, .rtf);
- Copy and paste text and other items on a computer;
- Save and retrieve documents and files on your computer; and
- Locate information on the internet using search engines.

### **Course Topics**

Unit 1: Introduction/Orientation (**Week 1**)

Unit 2: The History and Science of Psychology (**Weeks 2 and 3**)

Unit 3: The Biology of the Mind & Behavior (**Weeks 4 and 5**)

Unit 4: Human Development (**Weeks 6 -8**)

Unit 5: Learning & Memory (**Weeks 9 - 11**)

Unit 6: Stress, Health, & Human Flourishing (**Week 12**)

Unit 7: Personality, Psychological Disorders, & Therapy (**Weeks 13 and 14**)

## Course Assessments and Grading

Your final grade for this course will be determined according to the following criteria:

### *Course Participation – 15%*

Based on completion of the orientation activities, your attendance, engagement, and completion of in-class work.

### *Key Terms Wiki Page Entries – 15%*

Based on your completion of adding at least one entry for each module covered in the course.

### *Class Discussions – 25%*

Based on your completion of the discussions in the course.

### *Reflection Connection – 25%*

Based on your completion of ten reflection connection video assignments.

### *Critical Thinking Paper – 10%*

Based on your completion of a film analysis of two films depicting psychological disorders or a video biography of a famous figure in psychology.

### *Class Presentation – 10%*

Based on your research and class presentation of a psychological disorder.

## Landmark College Grading Scale

Letter Grades will be assigned as follows:

A	100-93
A-	92-90
B+	89-87
B	86-83
B-	82-80
C+	79-77
C	76-73
C-	72-70
D+	69-67
D	66-63
D-	62-60
F	59 and below

## Homework Policy

Assignments are directly correlated to the learning taking place at the time. In addition, the course goals and objectives include a focus on maintaining an effective organization system to manage course materials, support assignment completion, and enhance participation in course discussions, quizzes, and tests. Therefore, established due dates will be strictly adhered to throughout the semester. If you find yourself challenged with an assignment, contact your instructor before the due date to discuss an Action Plan.

## Accommodations Policy

"Given the unique mission of Landmark College, many academic accommodations that might be customary or required at traditional institutions would not be appropriate at Landmark, because they would alter the College's academic program."

If you need individual accommodations to meet course objectives, please make an appointment with your professor to discuss your needs within the two weeks of the semester.

To view the full accommodations policy for Landmark College please visit:

<https://www.landmark.edu/student-life/our-community/request-for-accommodations>.